

SHOPPING LIST

Cyrus Centre updated current needs November 23,2020

ESSENTIALS

- Blankets
- Gloves
- Warm Socks
- Hairbrushes, elastics
- Combs
- Antiperspirant/Deodorant – men's / women's
- Seasonal Items
 - Hoodies
 - Winter Jackets
 - Boots
 - Sweatpants

FOOD

- Bottled Water/Pop/Juice/Ice Tea
- Ice Tea – Powdered Mix
- Fruit – Apples, Oranges, Bananas, Grapes
- Granola bars / Snacks (to give out during outreach)
 - granola bars, protein bars, packaged cookies, juice boxes, nuts, chips, etc.
- Individually wrapped cheese and cracker packages
- Individually wrapped peanut butter and cracker packages
- Milk
- Butter or margarine
- Cooking Spray
- NEW Breakfast Foods
 - Bacon
 - Ham
 - Sausages
 - Jam
 - Honey

Gift Cards for Tim Horton's & McDonalds (\$10.00 or more)

Gift Cards for Save-On, Superstore, Costco, Safeway, and Staples